

Stress Ball Treat Box

Sweet Songbirds Treat Class, Project 4 of 5

Marisa Alvarez

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Measurements:

Pool Party Cardstock: 6-1/2 x 8-1/2" scored at 1/2, 2-1/2, 4-1/2, and 6-1/2" on the 8-1/2" side and 2, 4, and 6, on the 6-1/2" side, rotate 180 degrees and score at 1-1/2" stopping at the intersecting 2-1/2" score line

Flirty Flamingo Cardstock: scrap for die cutting one small heart from the Give It a Whirl Die Set

Basic White Cardstock:

- scrap for die cutting one skinny cloud using the Give It a Whirl Die Set
- scrap for stamping and fussy cutting the songbird and punching out the wing using the Sweet Songbirds Stamp Set and the Songbird Builder Punch
- scrap for stamping and fussy cutting the branch and leaves using the Sweet Songbirds Stamp Set

Pattern Party Designer Series Paper: 2 x 1-1/4"

Pool Party Sheer Ribbon: about 15"

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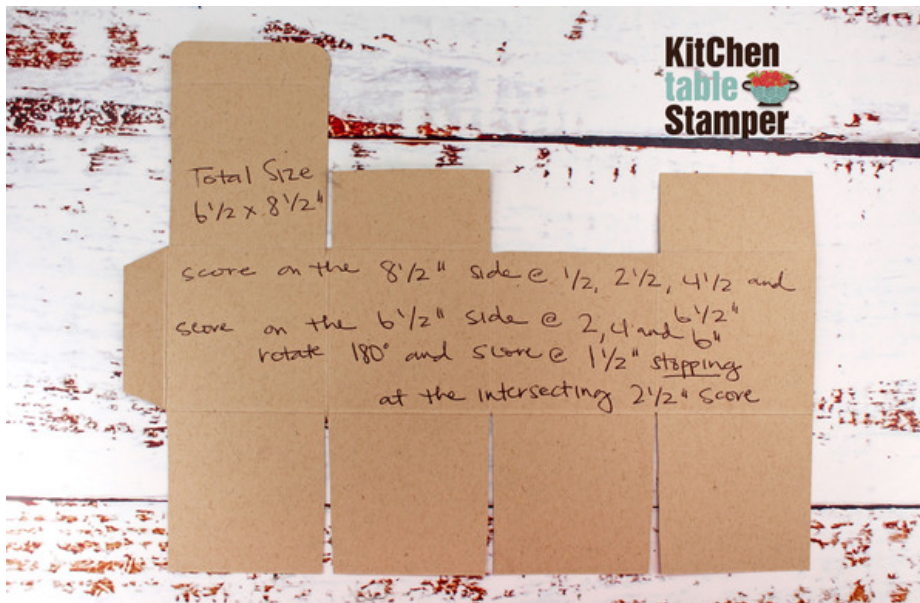
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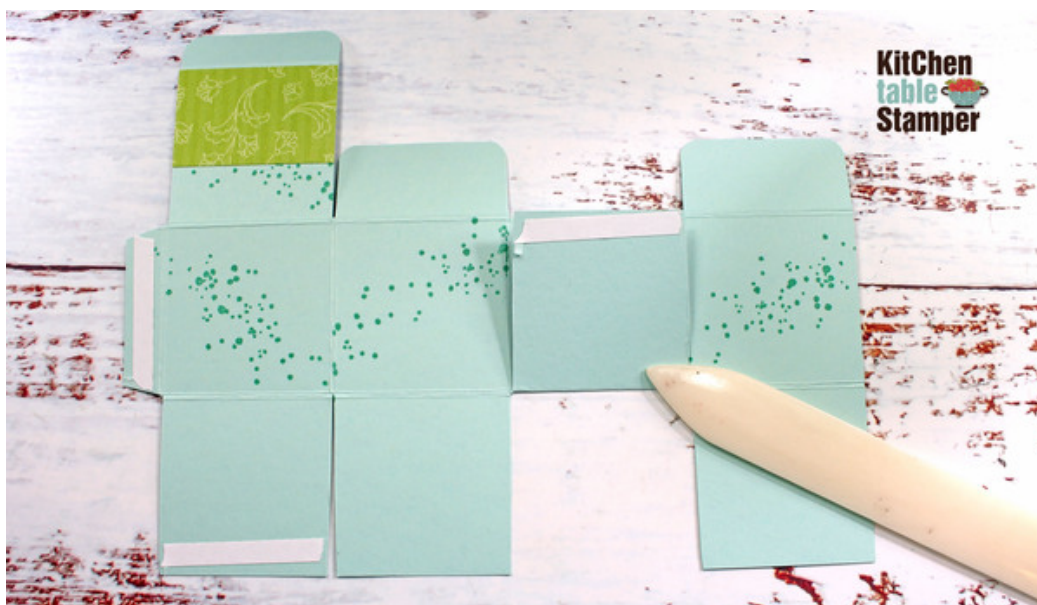
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Instructions:

1. Score the Pool Party Cardstock according to the measurements above. Use bone folder to burnish on all full score lines, the partial score line is a cutting guide. Cut along score lines according to the template photo below.



2. Use a centering ruler to mark the spot for the finger hole, then punch a half hole using a 1" hole punch.
3. Stamp the box using the dots stamp from the Quiet Meadow Stamp Set as shown using Coastal Cabana ink.



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4. Fold and adhere the Stress Ball Box using Tear & Tape Adhesive as shown in the diagram.
5. Adhere the designer series paper as shown using Multipurpose Liquid Glue. Wrap the box lid with ribbon and tie a loopy bow to the left edge above the designer series paper.
6. Stamp the sentiment on the skinny cloud using Soft Suede ink. Adhere to the front of the box as shown using Mini Stampin' Dimensionals.
7. Stamp the bird using the Daffodil Delight Stampin' Pad for it's body and wing, Calypso Coral ink for it's beak and Soft Suede ink for the bird's eyes. Fussy cut the bird. Punch out the bird's wing using the Songbird Builder Punch. Assemble the bird using a Mini Stampin' Dimensional to adhere the wing.
8. Stamp the branch and leaves using the Soft Suede Stampin' Pad for the branch and Parakeet Party ink for the leaves. Fussy cut.
9. Adhere the branch to the top of the box using Multipurpose Liquid Glue. Be careful not to place glue on the ends of the branch that hang over the edge of the box. Adhere the bird to the brance using Stampin' Dimensionals. Adhere the small heart to the bird as shown using Multipurpose Liquid Glue.
10. Embellish with Artistry Blooms Sequins.



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- [Sweet Songbirds Bundle \(English\) - 158727](#)
- [Quiet Meadow Cling Stamp Set - 155082](#)
- [Give It A Whirl Dies - 154336](#)
- [Pattern Party 12" X 12" \(30.5 X 30.5 Cm\) Host Designer Series Paper - 155426](#)
- [Pool Party 8-1/2" X 11" Cardstock - 122924](#)
- [Basic White 8-1/2" X 11" Cardstock - 159276](#)
- [Flirty Flamingo 8-1/2" X 11" Cardstock - 141416](#)
- [Daffodil Delight Classic Stampin' Pad - 147094](#)
- [Calypso Coral Classic Stampin' Pad - 147101](#)
- [Soft Suede Classic Stampin' Pad - 147115](#)
- [Parakeet Party Classic Stampin' Pad - 159208](#)
- [Coastal Cabana Classic Stampin' Pad - 147097](#)
- [Artistry Blooms Adhesive-Backed Sequins - 152477](#)
- [Pool Party 3/8" \(1 Cm\) Sheer Ribbon - 152462](#)
- [Paper Trimmer - 152392](#)
- [Simply Scored Scoring Tool - 122334](#)
- [Stampin' Cut & Emboss Machine - 149653](#)
- [Mini Stampin' Cut & Emboss Machine - 150673](#)
- [Multipurpose Liquid Glue - 110755](#)
- [Stampin' Dimensionals - 104430](#)
- [Mini Stampin' Dimensionals - 144108](#)
- [Mini Glue Dots - 103683](#)
- [Tear & Tape Adhesive - 154031](#)
- [Take Your Pick - 144107](#)
- [Paper Snips Scissors - 103579](#)
- [Simply Shammy - 147042](#)